

**Heather Woods**  
 Faculty of Education  
 University of Ottawa  
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[heatherawoods.ca](http://heatherawoods.ca)

## **Education**

### **Doctorate in Education**

2015-Present

University of Ottawa, Ottawa, Ontario

- Full time; Studies in Teaching and Learning
- Supervisor: Dr. David Smith

### **Master of Education**

2013-2015

Brock University, St. Catharines, Ontario

- Full time; Teaching, Learning, and Development
- Thesis: [Teachers' Beliefs and Perceptions of Bullying and Bullying Prevention Initiatives](#)
- Supervisor: Dr. Sandra Bosacki

### **Bachelor of Arts, Psychology**

2012

Carleton University, Ottawa, Ontario

- Honours Thesis: Effects of Experience on Classroom Management Efficacy in Early Childhood Educators
- Highest Honours

## **Awards, Distinctions and Fellowships**

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|--|-----------|
| • Social Sciences and Humanities Research Council Doctoral Fellowship                      | 2016-2020 |
| • Excellence Scholarship – Doctoral, University of Ottawa                                  | 2016-2020 |
| • Entrance Scholarship – Doctoral, University of Ottawa                                    | 2015      |
| • Social Sciences and Humanities Research Council Canadian Graduate Scholarship – Master's | 2014-2015 |
| • Ontario Graduate Scholarship (declined)  | 2014-2015 |
| • Dean of Graduate Studies Excellence Scholarship, Brock University                        | 2014-2015 |
| • Graduate Fellowship, Brock University  | 2013-2015 |
| • Research Fellowship, Brock University  | 2014      |
| • Dean of Graduate Studies Entrance Scholarship, Brock University                          | 2013      |
| • Carleton Academic Scholarship, Carleton University                                       | 2011      |

## **Research Interests**

My research interests are in the areas understanding the state of bullying prevention programs within schools. I am currently exploring what happens to bullying prevention after program implementers (e.g., researchers) have left. I explore bullying prevention through a social and organizational systems theoretical lens.

## **Publications**

Maich, K., Van Rhijn, T., **Woods, H.**, & Brochu, K. (2018). [Remote assistive technology training in Newfoundland and Labrador's rural schools: Is there a need? | Perceptions des enseignants quant au besoin de formation en technologie d'assistance dans les écoles rurales de Terre-Neuve et du Labrador.](#) *Canadian Journal of Learning and Technology / La revue canadienne de l'apprentissage et de la technologie*, 43(2). doi: <http://dx.doi.org/10.21432/T2J682>

**Woods, H.**, Bosacki, S., & Coplan, R. (2016). [Canadian Early Childhood Educators Perceptions of Children's Gendered Shy, Aggressive, and Prosocial Behaviors.](#) *Journal of Research in Childhood Education*, 30(3), 320-333. doi: 10.1080/02568543.2016.1178199

Bosacki, S., **Woods, H.**, & Coplan, R. (2015). [Canadian female and male early childhood educators' perceptions of child aggression and rough-and-tumble play.](#) *Early Child Development and Care*, 185(7), 1134-1147. doi:10.1080/03004430.2014.980408

## **Book Chapters**

Schira Hagerman, M., Graves Wolf, L., & **Woods, H.** (2018). Hacking structures: Educational Technology programs, evaluation and transformation. In Ng-A-Fook, N., Pratt, S., Smith, B. & Radford, L. (Eds). *Hacking education in a digital age: Teacher education, curriculum, and literacies.*

## **Conference Presentations**

Garchinski, C. M. & **Woods, H.** (2017, May). [The relationship between pre-service teacher's self-efficacy beliefs and their knowledge of school bullying prevention strategies.](#) Presented at the *Canadian Society for the Study of Education Conference*. Toronto, ON. Poster presentation.

**Woods, H.** & Bosacki, S. (2017, May). [Are we truly measuring teachers' bullying prevention self-efficacy? The development of the teachers' bullying prevention efficacy scale.](#) Presented at the *World Anti-Bullying Forum*. Stockholm, Sweden. Roundtable presentation.

Bouchard, K., **Woods, H.**, & Smith, J. D. (2017, May). [Relationship solutions: Fostering positive teacher-student relationships for bullying prevention and intervention.](#) Presented at the *World Anti-Bullying Forum*. Stockholm, Sweden. Workshop.

O'Byrne, W. I., Schira Hagerman, M., & **Woods, H.** (2016, December). [The digitally literate project: Research and reflection conducted in open, online spaces.](#) Presented at the *Literacy Research Association Conference*. Nashville, TN. Symposium presentation.

Maich, K., van Rhijn, T., & **Woods, H.** (2015, November). Remote assistive technology training in rural schools in Newfoundland and Labrador: Is there a need? Presented at *Ontario Council for Exceptional Children Conference*. Niagara Falls, ON. Poster presentation.

- Woods, H.** & Bosacki, S. (2016, June). [Exploring the influence of Canadian teachers' theory of mind ability on their bullying beliefs](#). Presented at the *Canadian Society for the Study of Education Conference*. Calgary, AB. Poster presentation.
- Woods, H.** & Bosacki, S. (2015, June). [Children's emotional competence and theory of mind and classroom social behaviours](#). Presented at the *Jean Piaget Society Conference*. Toronto, ON. Paper presentation.
- Woods, H.** & Bosacki, S. (2015, May). [Exploring the influence of elementary school teachers' self-concept on their beliefs about bullying](#). Presented at the *Canadian Society for the Study of Education Conference*. Ottawa, ON. Paper presentation.
- Woods, H.** (2015, February). [Exploring teachers' beliefs about bullying prevention, school support and school climate](#). Presented at the *Brock University Research Celebration*. St. Catharines, ON. Poster presentation.
- Woods, H.** Bosacki, S., Bullock, A., & Coplan, R. (2014, May). [Influence of teaching experience on classroom management efficacy in early childhood educators](#). Presented at the *Canadian Society for the Study of Education Conference*. St. Catharines, ON. Poster presentation.
- Woods, H.** Bosacki, S., & Coplan, R. (2014, May). [Canadian early childhood educators' perceptions of young children's gendered aggressive behaviours](#). Presented at the *Development 2014 Conference*. Ottawa, ON. Poster presentation.
- Woods, H.** & Bosacki, S. (2014, May). [Canadian early childhood educators perceptions of children's gendered shy, aggressive, and prosocial behaviours](#). Presented at the *Development 2014 Conference*. Ottawa, ON. Symposium presentation.

### **Discussion Panels**

[Research cafe: Bullying from the classroom to the workplace](#). Panel Presentation with Dr. Zopito Marini, Dr. Lisa Barrow, Dr. Drew Dane, Ann Farrell, Natalie Spadafora, and **Heather Woods** at Brock University, St. Catharines, ON, November 21, 2014.

### **Invited Presentations**

- Woods, H.**, & Bouchard, K. (2017). *It's not just kids being kids: Parents and caregivers supporting young people with invisible disabilities navigate experiences of bullying*. An invited lecture for the Fetal Alcohol Spectrum Disorder Symposium, Ottawa, ON.
- Bouchard, K., & **Woods, H.** (2017). *It's not just kids being kids: Teachers supporting young people with invisible disabilities navigate experiences of bullying*. An invited lecture for the Fetal Alcohol Spectrum Disorder Symposium, Ottawa, ON.
- Woods, H.**, Bouchard, K. (2017). *Building relationship solutions for bullying and victimization*. An invited lecture for PED3153: The Context of Ontario Middle and Secondary Schools, University of Ottawa.

Bouchard, K., & Woods, H. (2017). *Relationship solutions: Fostering positive teacher-student relationships for bullying prevention and intervention*. An invited lecture for PED3106: Education of Exceptional Students, University of Ottawa.

### **Research Experience**

**Research Assistant** 2017-Present  
Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Megan Cotnam-Kappel
  - Littéracies et citoyenneté numériques en Ontario français
- Conducted quantitative data analysis using SPSS and R
- Assisted in the Development of SSHRC Insight Development Grant for Emerging Scholars

**Research Assistant** 2017-Present  
Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Diane Patricia Watt
  - The critical digital literacy project (SSHRC funded)
- Conducting literature review, contacting and interviewing participants, creating website profiles for participants.

**Research Assistant** Summer 2017  
Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Peter Milley & Dr. Linda Radford
  - Module development for PED 3141 Curriculum Planning, Implementation and Assessment
- Conducted literature review on child development within an educational context and mapped considerations onto the Ontario literacy and numeracy curriculum

**Research Assistant** Summer 2017  
Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Jessica Whitley
  - Ministry of Education Request for Services: Literature Review and Environmental Scan of Measuring Student Well-Being
- Conducted an environmental scan of measures of well-being and coordinated with research team to establish recommendations for the Ministry of Education

**Research Assistant** Summer 2017  
Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Megan Cotnam-Kappel
  - Infrastructure Funding Application Development

**Research Assistant** 2016  
Department of Psychology, Carleton University, Ottawa, Ontario

- Dr. Robert Coplan
  - Children's Unstructured Time
- Conducted phone interviews with parents daily to assess weekly routines.

**Research Assistant**

2015-2016

Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Michelle Schira Hagerman
  - Digital Literacy
- Literature review, Ethics Preparation, Qualitative Data Analysis, Book Chapter Editing

**Research Assistant**

2015

Department of Psychology, Brock University, St. Catharines, Ontario

- Dr. Linda Rose-Krasnor
  - Children's Engagement in Sports
- Observational Data Collection, Data Entry

**Research Assistant**

2013-2015

Faculty of Education, Brock University, St. Catharines, Ontario

- Dr. Sandra Bosacki
  - Understanding Artistic Learning and Youth Engagement in a Digital Age
- Literature review, Ethics Preparation, School Board Application Preparation, Data Collection, Web Site Design

**Research Assistant**

2014-2015

Faculty of Education, Brock University, St. Catharines, Ontario

- Dr. Kimberly Maich
  - Remote Assistive Technology Training in Rural Schools in Newfoundland and Labrador: Is There a Need?
- Literature review, Ethics Preparation, School Board Application Preparation, Needs Assessment

**Research Assistant/Site Manager**

2012

University of Waterloo, Waterloo, Ontario

- Dr. David Hammond & Lana Vanderlee
  - Nutrition Awareness Study
- Data collection, Surveying, Overseeing supplies

**Teaching Experience****Teaching Assistant**

Summer 2017

Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Jessica Whitley
- Comprehensive School Health Cohort
- Website and social media management, coordinating with cohort professors, interviewing previous teacher candidates, and writing blog posts documenting their experiences and recommendations for current students

**Teaching Assistant**

Fall 2016

Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Nicholas Ng-A-Fook
- EDU 5101 Perspectives in Education
- Fostering online discussion for the course, providing one-on-one feedback to students on their written work, grading assignments, and developing course content

**Teaching Assistant**

Fall 2016

Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Lorna McLean
- PED 3183 Teaching History at the Intermediate Division
- Developing and maintaining the online learning management system (Blackboard Learn)

**Teaching Assistant**

Fall 2016

Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Lorna McLean
- PED3112 Teaching at the Primary Division: Part II
- Developing and maintaining the online learning management system (Blackboard Learn), and grading assignments

**Teaching/Research Assistant**

2015-2016

Faculty of Education, University of Ottawa, Ottawa, Ontario

- Dr. Karen Sirna
- Comprehensive School Health Cohort
- Managing Social Media, Researching Practical Applications of Comprehensive School Health, Updating and Organizing Website, Administrative Tasks

**Relevant Experience****Quantitative Methodology Specialist**

2017-Present

Algonquin College, Ottawa, Ontario

- Review existing quantitative methodological approaches; suggest improvements and changes where necessary
- Develop or assist the investigator in the review and development of instrumentation to support quantitative data collection, including the design and validation of such instrumentation
- Assist the investigator with the analysis and reporting of quantitative data related to the research project

**Statistics Tutor**

2011-Present

Out of the Woods Tutoring and Editing Services, Ottawa, Ontario

- Provided students with assistance in statistics to help improve understanding of theory and concepts within the social sciences
- Offering stylistic and structural editing, as well as copyediting for formatting, for manuscripts, theses, proposals, and grant applications.

**Volunteer Work****Canadian Journal for New Scholars in Education** 2014-2015

- Senior Copyeditor
  - Mentor Associate Copyeditors through the copyediting process
  - Ensure that the work completed by the Associate Editor meets the standards of the journal (reviewing grammar, punctuation, spelling and APA formatting)

**Education Faculty Council Member** 2017-Present

- Elected Graduate Student Representative

**Canadian Association for Educational Psychology** 2017-Present

- Executive Graduate Student Representative
- University of Ottawa Student Representative

**Promoting Relationships and Eliminating Violence Network** 2016-Present

- Bullying Prevention Toolkit Workshop Facilitator
- Bullying Prevention Toolkit Development Team
- Healthy Relationships Training Module Redesign

**Education Graduate Student Association** 2015-Present

University of Ottawa, Ottawa, Ontario

- Finance Officer (Present)
  - Managing financial accounts
  - Issuing reimbursements to members
- Academic Committee Chair (2015-2017)
  - Organize workshops and information sessions for students
  - Presented foundations of a healthy student-supervisor relationship at Student-Supervisor Workshop (January 2016)
  - 2016 reinstated the Student Speaker series, providing students an opportunity to practice their presentation skills and develop their research through peer feedback
- Social Media and Website Maintenance Committee Chair (2016-2017)
  - Posted relevant events, information for students across Twitter, Facebook, and Instagram
  - Reviewed events happening across campus to keep students informed
  - Currently redesigning and updating website to ensure graduate students had access to upcoming events and relevant resources
- Social Committee (2015-2016)

**Education Research Unit Committee** 2015-2017

University of Ottawa, Ottawa, Ontario

- Elected Graduate Student Representative

**International Congress for School Effectiveness and Improvement** January 2017

- Floor Monitor, Time Keeper, and AV Support

**Canadian Association for Educational Psychology** 2016

- Peer reviewer for the annual CAEP conference proposals regarding bullying research

**International Human Science Research Conference** 2016

- Organizing Committee: Organized graduate social events, assisted with conference schedule planning
- July 3-7, Greeting Table, Floor Monitor, Time Keeper, and AV Support

**Jean-Paul Dionne Symposium** May 2016

- Greeting Table, Floor Monitor, Time Keeper, and AV Support

**Canadian Committee of Graduate Students in Education** 2016

- Peer reviewer for the annual CCGSE conference proposals

**Social Sciences Research Ethics Board** 2014-2015

Brock University, St. Catharines, Ontario

- Graduate Student Member
  - Review faculty and student social science research applications for ethical concerns prior to conducting research with human participants

**Canadian Journal for New Scholars in Education** 2014-2015

- Associate Copyeditor
  - Review accepted journal articles for grammatical, editorial, formatting and APA styling to prepare for publication

**Canadian Committee of Graduate Students in Education** May 2015

- Reviewer for the Mentorship Award

**Canadian Society for the Study of Education Conference** May 2014

Brock University, St. Catharines, Ontario

- Greeting Table, Floor Monitor, and AV Support

**Professional Affiliations**

- International Society for the Systems Sciences – Student Member
- International Bullying Prevention Association – Student Member
- PREVNet – Graduate Student Member
- Canadian Society for the Study of Education – Graduate Student Member
- Canadian Association for Educational Psychology – Graduate Student Executive
- Editors Association of Canada – Student Affiliate

**Certifications**

- PREVNet – Healthy Relationship Module Facilitator 2015
- Brock University Vitae Communication Certificate 2015
- Youth Mental Health First Aid Certification 2014